



The Blessed Person
1st in the “The Psalter” Series
Psalm 1
May 8, 2022
Pastor Mickey Klink

Introduction

In this sermon we learn that the “blessed person” is the one who delights in the written and incarnate Word.

The Text: Psalm 1

¹ Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; ² but his delight is in the law of the Lord, and on his law he meditates day and night. ³ He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. ⁴ The wicked are not so, but are like chaff that the wind drives away. ⁵ Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; ⁶ for the Lord knows the way of the righteous, but the way of the wicked will perish.

Message: The blessed person is the one who listens, lives, and loves the Word of God.

Application: Psalm 1 is not only an ideal for every Christian, but also a description of our Savior.

Response

The way of the righteous and blessing is the way of Jesus and his Word.

Sunday Text Questions

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- 1) Starter Question: What does the hashtag #Blessed mean in our culture today?
- 2) Read the text aloud and discuss together any significant observations or issues needing clarification.
- 3) What is v. 1 critiquing with the three different situations in which a person may find themselves among the wicked and sinners?
- 4) What does it look like to “delight in the Law of the Lord” – i.e., the Word of the Lord (v. 2)?
- 5) While certainly hyperbolic (a meaningful exaggeration), what does the phrase “on his law he meditates day and night” (v. 2) look like in the life of the Christian and the church?
- 6) What does the imagery in v. 3 intend to communicate about the person who takes seriously and studiously the Word of God?
- 7) What do vv. 4-6 intend to communicate about the end result of the wicked person?
- 8) According to Psalm 1 as a whole, what makes a person “blessed?”
- 9) What applications can be drawn from Psalm 1 about the Word of God?
- 10) How does the poetic and picturesque language of Psalm 1 helpfully engage not only the mind but also the heart?

Further study this week: Passages related to “blessed” in Scripture: Genesis 1:28 (Mon); Genesis 12:3 (Tues); Matthew 5:1-12 (Wed); Romans 4:8 (Thurs); Revelation 1:3 (Fri).