



**Lament in Trust**  
**“From the Depths” Series**  
**Psalm 62**  
**June 7, 2020**  
**Pastor Mickey Klink**

In this sermon we summarize the things we have learned about lament and apply it to our current situation.

**The Text: Psalm 62**

I want you to know six things about lament as we close our series on Lamentations.

(1) You can respond in fear, anger, and despair, or you can respond in lament.

(2) Lament involves turning, trusting, seeing, and resting in God.

(3) Lament is guided by the spiritual direction of the Word of God.

(4) Lament is empowered by the Spirit of God.

(5) Lament helps us live with our fallen condition and the fallen creation.

(6) Lament is a significant form of worship.

**Response**

Christians are practitioners of lament, who pray to and trust in the God of their salvation.

## **Sunday Text Questions for Psalm 62 (“From the Depth” Series)**

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- 1) Starter Question: How comfortable would you be writing a prayer of lament to God, and what might you say?
- 2) Read the text aloud and discuss together any significant observations or issues needing clarification.
- 3) What does the first line of v. 1 mean, and how does a Christian “wait for God?”
- 4) Based upon v. 2, how does God function as our “rock” and “fortress?”
- 5) Based upon v. 4, what enemies might a Christian face today?
- 6) Vv. 5-8 serve as the climax of Psalm 62. How do those verses minister to you?
- 7) How would a Christian do what v. 8 is exhorting us to do?
- 8) What has this series on Lamentations taught you?
- 9) What have you learned about the practice of “lament?”
- 10) How might you apply the practice lament in your life in the days and years to come?

**Further study this week:** Read through Philippians this week, which explains how we can have joy even in suffering: Phil. 1:1-18 (Mon); Phil. 1:19-30 (Tues); Phil. 2 (Wed); Phil. 3 (Thurs); Phil. 4 (Fri).



What else does this psalm say?

Write the name of each picture, then transfer the letters to the lines below to reveal the passage.



9 2 1



18 7 3 10



13 6 8



17 7 12 11



F

5 3 6 8



16 4 6 1



M

12 14 8

9 3 14 16 9 2 10 4 2 12

7 9 7 17 17 9 2 12 1 16

6 11 1 6 11 17 1

11 6 14 3 6 14 9 18 6 14 3

4 1 7 3 9 16 9 6 4 2 12

5 6 3 8 6 13 2 16

6 14 3 3 1 5 14 8 1

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Ages 7+

June 7, 2020 • Psalm 62:5-12

## God, My Rock and Salvation

This psalm tells about God and His wondrous power and strength.

Combine and remove letters from the names of the pictures to find the words to finish the passage below.

1. - ING + - N = \_\_\_\_\_

2. - CK + - SN + - BALOON  
= \_\_\_\_\_

3. - EART + - M + - PNCIL  
= \_\_\_\_\_

Find \_\_\_\_\_, O my \_\_\_\_\_,  
1 2  
in God alone; my \_\_\_\_\_ comes from Him.

3  
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The psalmist continues to praise God as a source of strength.

Use the chart below to fill in the blanks and read the psalm.

	1	2	3	4	5
□	N	B	H	Y	V
△	F	W	T	I	D
○	A	K	U	C	O
◇	M	E	L	S	R

3 2 1 3 5 1 2 4 4

1 4 5 5 4 2 1 1 5 1 4

4 1 3 5 1 3 4 5 1 3 2

4 4 1 4 1 5 5 3 5 2 4 4

4 2 4 3 3 1 5 3 2 2

4 3 1 2 2 1

Read more of this psalm.

Use the clock code to fill in the blanks below.

