



Restore us to Yourself
“From the Depths” Series
Lamentations 5
May 24, 2020
Pastor Mickey Klink

Introduction

In this passage God teaches us that God’s covenantal faithfulness is our source of hope in suffering.

The Text: Lamentations 5

Lament is “Hopeful Grieving”

- We can respond in fear/anger/despair – or we can respond with lament.
- Step 1 of lament is turning toward God (including him in the equation).
- Step 2 of lament is trusting God’s character (embracing his mercy).
- Step 3 of lament is seeing God’s full story (knowing suffering is temporary).
- Step 4 of lament is resting in God’s covenantal faithfulness (abiding in his presence).
God’s Person → Character → Story → Covenant

1) A brief orientation to Lamentations 5.

2) Lamentations teaches Christians how to practice lament in the midst of suffering (vv. 19-22).

Hold fast to the sovereign reign of God (v. 19),

trusting in the Covenant God has made with his people (v. 20),

making an appeal to the Lord for his presence (v. 21),

while submitting to his will and his ways (v. 22).

Response

As apprentices of lament, we are learning to dwell in the presence of God in the midst of our suffering.

Sunday Text Questions for Lamentations 5 (“From the Depth” Series)

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- 1) Starter Question: How might pain and suffering be different for a Christian than a non-Christian?
- 2) Read all of Lamentations 5. What is your reaction to the chapter as a whole?
- 3) How do the descriptions in vv. 1-10 explain the pain and suffering of the people of Jerusalem?
- 4) How do you respond to the horrors depicted in vv. 11-13?
- 5) In what ways have you (or someone you know) experienced the sadness and depression depicted in vv. 14-15?
- 6) How does phrase, “But you, O Lord,” direct us to look for the light of God in our darkest moments?
- 7) How does the truth (doctrine) that God is the King who reigns forever give us comfort and support in suffering?
- 8) V. 20 is covenant language, the prayer of a child of the Father, grasping at the promises of God. How should our prayers of lament be supported and defined by our participation in the New Covenant (i.e., by the fact that we are in a relationship with God through Jesus)?
- 9) The phrase, “Restore us to yourself,” in v. 21 is saying “Return us to your presence.” How does God bring us to himself so that we can know and experience the fullness of his presence?
- 10) What have you learned about “lament” from the book of Lamentations?

Further study this week: Key passages on the comforting presence of God: Psalm 27 (Mon); Psalm 23 (Tues); John 14 (Wed); Hebrews 4 (Thurs); Romans 8 (Fri).

my SERMON NOTES

WHO'S SPEAKING:



DATE:

WHERE IN THE BIBLE?

Book: _____

Chapter: _____

WHO IS IN THE PASSAGE?

I LEARNED:

WHAT HAPPENED:

My favorite song:



I DIDN'T UNDERSTAND?

WORDS I DON'T KNOW:

draw
something

