



The Gift of Lament
“From the Depths” Series
Lamentations 3:55
Apr 19, 2020
Pastor Mickey Klink

Introduction

In this message we introduce the book of Lamentations and the gift of lament for the Christian life.

The Text: Lamentations 3:55

1) Lament is hopeful groaning, a type of prayer that helps us voice pain and suffering to our Father.

a) Lament has been lost in the church and among Christians.

b) The Book of Lamentations: A Brief Introduction

2) There are five biblically-based reasons why lament is a gift to the Christian.

a) Lament teaches us that it is okay to be honest with our suffering and sadness.

b) Lament helps us name and frame our grief.

c) Lament gives us words and emotions needed to wrap around evil and suffering.

d) Lament humbles us by reminding us of our sinful world and sinful lives.

e) Lament lifts us by pointing us to the fuller story and the faithfulness of God (Lam 3:22-24).

Response

Hope Church, let us become apprentices of lament for the next two months!

Small Group Questions for Lamentations 3:55 (“From the Depth” Series)

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- 1) Starter Question: Do you find it difficult to talk about your pain and suffering with others, and if so, why?
- 2) Why does our culture want to move past or avoid talking about pain, suffering, death?
- 3) What is a “lament?”
- 4) Why do you think the Bible includes so many examples of lament (Lamentations, Psalms, and Jesus)?
- 5) What does Lamentations 3:55 mean when it says, “I called on your name, O Lord?”
- 6) What does the phrase, “from the depths of the pit,” teach us about the person who is speaking?
- 7) Have you ever prayed to the Lord “from the depths” before, and if so, what was that experience like?
- 8) If you have never prayed to the Lord “from the depths,” why do you think that is the case?
- 9) How do you feel about a sermon series through Lamentations addressing the topic of lament?
- 10) If you were honest, what is one thing in your life you would like to lament before the Lord?

Further study this week: Key texts from the book of Jeremiah, the context of Lamentations: Jeremiah 1 (Mon); Jeremiah 2 (Tues); Jeremiah 17 (Wed); Jeremiah 31 (Thurs); Jeremiah 52 (Fri).

My Sermon Notes

Name: _____

Date: _____

Today I:

- ☐ Wore matching socks
- ☐ Prayed for my pastor and teachers
- ☐ Brought my Bible to church
- ☐ Said "Hello" to someone wearing blue
- ☐ Came to church with a good attitude
- ☐ Looked for a way to encourage somebody



This Week:



Read!

Re-read the main Bible passage from the sermon.

Bible reference: _____



THINK!

1. What is the main idea in these verses? _____

2. What is your favorite verse in this passage? _____

3. What is one thing that you learned from these verses? _____



Pray!

Ask God to help you truly worship Him and serve Him with your whole heart.

Bible Reference(s): _____

pray	disciples
sin	truth
forgiven	life
believe	peace
Adam	Christ
John	Messiah
man	Israel
woman	holy



Prayer Requests:

How does this passage encourage you to **Worship God**?

